

PROJECT SHOWCASE

CORPORATE



ENCANA

A COMPLETE FITNESS CENTER BY CUSTOM DESIGN

The success of Encana (formerly Newfield Exploration) can be attributed to the company's focus on its employees; they place a significant emphasis on health and wellness. Despite a finite amount of lease space in its headquarters and an influx of new hires, the company is committed to providing employees with top health amenities. Abel Design Group worked with Newfield to develop a fitness center for employees with a private club atmosphere. The gym features Precor's top of the line 880 series cardio equipment, Discovery strength machines, and TRX functional fitness straps. The space also had Spinning's Chrono bikes with Power Console and Troy free weights. This mix of equipment provides users a varied and well-rounded workout.

COMPLETION DATE

September 2018

LOCATION

4 Waterway Square Pl, Ste 100
The Woodlands, TX 77380

DEMOGRAPHICS

Sedentary professionals

WEBSITE

www.encana.com



